**Welcome Club – Responsibility**

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|  Materials |
| Welcome | Snack, water, nametags, attendance sheet, markers, pen, hand sanitizer, 4sq posters |
| Plank walk | Plank with rope (6 sets) |
| Human Knot | NA |

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| Objective |
| **S**tudents **w**ill **b**e **a**ble **t**o **recognize their role and responsibility on a team.** |

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| Welcome Students – *10 minutes* |
| *\*Boys and girls will check-in at separate classrooms.*1. **1 Coach** instructs students to line up outside and takes attendance. Be prepared to add new students to the roster. Ask the new student their ***first name, last name, grade* and *teacher’s name*** (if they do not know their teacher’s name that’s ok but the first 3 are a must).
2. **Remaining Coaches** unstack **chairs** and prep **group tables**. We will be **passing out snacks as students walk in**, direct them to their table, etc. Once snacks have been passed out, please put the remaining snacks away for the day. *(“Extra” snacks tend to be a distraction to students when left out and available.)*

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| Activity: Plank Walk – 20 *minutes* |
| Students will work in teams of 3-6 to walk across the field. The aim of this activity is to work on teamwork and to teach that we are accountable for doing our part in the team.**\*\* This activity will help students to recognize their role as either leader or team member in group activities \*\*****Table coaches:** When you get outside have the students line up behind you.* Coaches will also demonstrate the game.

**Lead coach**: Explains how to do the plank walk1. Split students into 2-3 teams. Minimum of 3 students per team with a max of 6 students per team.
2. Have 3 students from each team stand on their set of planks. It should look like three people are trying to fit on 1 set of skis.
3. The students then grab the rope attached to the planks.
4. The student at the front of the line gives the direction to move the left or right foot.
5. The students then walk to the other end of the designated field. Where the rest of their team is waiting.
6. The remaining team members get on the planks and walking on the planks return to the starting position.

**Dari words*** Left-Chap
* Right-Rost

Table Coach: do the demonstration, help keep your students focused, and cheer on your students when they do the plank walk.**Questions from plank walk:*** What was your strategy? (Strategy means, a plan to help get to a goal)
* Was it easy to walk on the planks?
* What happens if a team member doesn’t do their part?
* How do you act responsibly if your teammate doesn’t do their part?
* How can you help your team mates more?
* What would you do differently if you tried again?
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| Activity: Human knot - 15 *minutes* |
| The objective of this activity is to have the students practice teamwork and to learn how they are accountable for their part in working together.**\*\* This activity will help students to recognize their role in a team's success. \*\*****Lead Coach:** We’re going to play the human knot game! Form a circle with your teams, and come up with a team name! **Table Coaches:** Help show as an example!* Students must reach across the circle and link hands with another teammate.
* *Rules: You cannot grab the hand of the teammate next to you, OR be holding only one teammate's hands.*
* Make it more difficult? Tell the students to try to do it without talking OR combine groups.

**Questions:*** How did you work together to get untangled?
* Was it difficult?
* What is your responsibility?
* When do you have to work together with family or friends to get things done? What is each person's responsibility?

Materials: NA |

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| Homework – *40 minutes* |
| ***We will have printed out some worksheets for the students to work on. They are categorized by grade level and subject.***Students will focus on working on their homework for the day. *Transitioning to homework time can be difficult...all coaches should work together to ensure students are moving to desks, pulling out their homework, or picking a worksheet from the folder. Pick a couple of students to sit with and assist them during homework time.** **Coaches:** Give any help to students when asked. Help them work out any struggles they might have
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* **Tutor tips:**
	+ - Don’t give the answer to the students - help them work it out together.
	+ *MATH:* use visuals to help them see the problem more clearly; Help them spot key words in word problems and how to solve it
	+ *LITERATURE/ENGLISH:* help them sound out difficult words; if they are struggling and do not know the word, give them synonyms and give them a push to right direct
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| Clean Up– 5 *minutes* |
| 1. Instruct students to pick up and throw away trash before they leave.
2. Pick up and throw away trash.
3. Clean up WC supplies
4. While we wait for the parents, hang out with the kids.
* **Coaches please fill out this form on how you felt Welcome Club went.**
* [**https://forms.office.com/r/r1kpc21QTh**](https://forms.office.com/r/r1kpc21QTh)
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